Woodstock Musical Spoons™
Anyone Can Play!

How to play:

1. Grip the spoons by the plastic handle in whichever hand you write with, and gently slap the spoons down against the opposite leg (just above the knee). Count “1, 2, 3, 4, 1, 2, 3, 4” over and over again as you play.

2. Next, while keeping the same steady rhythm, slap the spoons down against your leg and up against the palm of your free hand. Count “1 and 2 and 3 and 4 and,” hitting the spoons against your hand on the “ands” or what’s called the “offbeat” (Fig. 1).

3. When you can do Step 2 well at different speeds, you’re ready to add what’s called the “finger drag” or the “roll.” Draw the spoon down across the fingers of your free hand (Fig. 2) and onto your leg. Add the roll to your basic rhythm on the “and” with the spoons landing on your leg on “1.”

Be the Life of the Party!