

### Temple Block

#### Woodstock Chimes

800/422-4463, [www.chimes.com](http://www.chimes.com)

Best known for its windchimes and gongs, Woodstock's new Environments Collection of bowls and bells is a welcome addition to your sound-healing merchandise.

A unique new product is the carved wood Temple Block (\$20, 6" x 4.75"), which gives off a short but rich sound when struck with the accompanying wooden mallet. Used in Buddhist ceremonies, the Temple Block helps empty the mind during meditation. The mahogany-finished wood piece is carved in the shape of a fish, a symbol representing awareness, as fish never close their eyes. The richly colored instrument can sit atop the included red and gold satin pillow when not in use.

The Environments Collection also includes a traditional matte-brass Temple Bowl Gong (\$50, 7.5" diameter) that comes with a wooden striker and satin pillow. The crisp sounds of the polished-brass Meditation Bells (\$12.50, 2" diameter) striking against each other help clear space and focus the mind for meditation. Each pair of bells is connected by a 37.5-inch braided red cord.



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